



# SafetyNet

## NJSIG'S SAFETY NEWSLETTER

### March is Ladder Safety Month!



Falls from ladders (step, straight, combination and extension) are one of the leading causes of occupational fatalities and injuries **Every step matters!** Make sure you are putting the right foot forward.

#### Ladder Safety Tips from OSHA:

- Read and follow all labels/markings on the ladder.
- Avoid electrical hazards! - Look for overhead power lines before handling a ladder.
- Avoid using a metal ladder near power lines or exposed energized electrical equipment.
- Always inspect the ladder prior to using it. If the ladder is damaged, it must be removed from service and tagged until repaired or discarded.
- Always maintain a 3-point (two hands and a foot, or two feet and a hand) contact on the ladder when climbing. Keep your body near the middle of the step and always face the ladder while climbing (see diagram).
- Only use ladders and appropriate accessories (ladder levelers, jacks or hooks) for their designed purposes.
- Ladders must be free of any slippery material on the rungs, steps or feet.
- [Click here](#) for the full OSHA Ladder Safety Quick Card.

#### Training:

[Click here](#) for Vector Solutions / Safe Schools Ladder Safety Course.

This course reviews one of the top work-loss issues: falls from a height due to inappropriate use of equipment (tables or chairs in place of a ladder). The course demonstrates the importance of using the proper equipment to work safely above the floor and reviews ladder safety basics, how to make safe choices, and ladder safety planning.

#### NJSIG:

NJSIG's Safety and Risk Control department is available to provide ladder safety training as well as training on slips trips and falls (in-person and virtually). Please contact your Safety and Risk Control Representative or email [riskcontrol@njsig.org](mailto:riskcontrol@njsig.org) to schedule an appointment.

[Click here](#) for more information from OSHA.

[Click here](#) for more information from National Safety Council.

[Click here](#) for more information from the American Ladder Institute.

# Introducing: LEGAL ONE PODCAST

As many of our members already know, NJSIG partners with LEGAL ONE, a leading provider of school law training in New Jersey, to provide trainings to our members on school law issues. NJSIG is pleased to announce that the LEGAL ONE team of school law experts is now offering free, weekly LEGAL ONE Podcasts to help schools understand complex legal issues, broken down into manageable, 20 to 30 minute episodes.

Each episode will be hosted by a LEGAL ONE attorney, include information on recent developments in New Jersey school law, and provide tips for promoting collaboration between parents and schools. The LEGAL ONE Podcast is a great, free option for parents, teachers, school leaders, college students, and others with an interest in school law issues, who may not be able to commit to a more lengthy training.

**New episodes available every Monday on Apple Podcasts, Google Play, and Spotify.**

[Click here](#) for more information about the free LEGAL ONE Podcast.

[Click here](#) to learn more about NJSIG's partnership with LEGAL ONE.



It is hard to believe that it has been an entire year since the pandemic arrived in the Garden State. But here it is, March again, and spring is in the air! The weather is turning around and we can all look forward to longer, brighter days. And although the COVID-19 situation has certainly presented many challenges for schools, it has opened up new avenues for student enrichment as well.

So while spring is usually when classes would be organizing local field trips to zoos, aquariums and museums, it is probably unrealistic for schools to plan traditional field trips this year. Thankfully, many national and international zoos, museums, and other cultural institutions have invested significant time and effort to enable remote access to their attractions.

Teachers and students now have the ability to 'travel the world' without leaving home or the classroom. We are no longer limited to local sights. Virtual field trips are a fun and educational (and hopefully temporary) way to learn more about the world, from the safety of the home or classroom.

**Here are a few virtual field trip suggestions:**

- ◇ [The Louvre](#)
- ◇ [The Anne Frank House](#)
- ◇ [San Diego Zoo](#)
- ◇ [Monterey Bay Aquarium](#)
- ◇ [Yellowstone](#)
- ◇ [Ellis Island](#)
- ◇ [Colonial Williamsburg](#)
- ◇ [15 Virtual Zoos](#)
- ◇ [15 Virtual Aquariums](#)

## School Reopening Guidance:

- [NJDOE Restart and Recovery Plan for Education Executive Summary](#)
- [NJDOE Restart and Recovery Plan for Education](#)
- [Office of the Governor: Mandates & Announcements](#)
- [CDC School Reopening Guidance](#)
- [NJ Department of Education](#)

## COVID-19 Resources:

- [Centers for Disease Control and Prevention](#)
- [World Health Organization](#)
- [New Jersey Department of Health](#)
- [Legionnaires Disease](#)
- [NJSIG COVID-19 Resources](#)



**Exciting News!!!**

**NJSIG Gives Back**  
**\$7,736,735**  
**to Members**  
**in 20/21!**

**\$3,279,199 in COVID-19 Refund!**  
**\$4,457,536 in Safety Grants!**

## NJSIG's Safety Grant Portal Opens April 1, 2021!

- [Click here](#) for more information about NJSIG's COVID-19 Refund.
- [Click here](#) for more information about NJSIG's Safety Grant Program.

**New Jersey Schools Insurance Group**  
6000 Midlantic Drive | Suite 300 North | Mount Laurel, NJ 08054  
Phone: 609-386-6060 | Fax: 609-386-8877  
[www.njsig.org](http://www.njsig.org)